

LESSON 2 – A LESSON ABOUT THE GIFTS GIVEN TO US BY GOD

Recipe: Honey-Wheat Muffins

1 ½ c. whole wheat flour
1 t. baking powder
½ t. salt
½ c. honey
1 egg
½ stick of butter, melted
½ c. buttermilk

Mix ingredients. Bake in a paper lined muffin tin for 20 minutes at 400 degrees.

Lesson (ages 4-10):

1. Hand out one ingredient to each person. (If you are working with only one or two, set all the ingredients out so that you can examine each of them together.)
2. Talk about each ingredient and the function they each perform:
 - *Honey makes the muffins sweet.
 - *Baking powder makes the muffins rise.
 - *Eggs hold the ingredients together.
 - *Butter helps the muffins not to be as hard as a rock.
 - *Salt gives the muffins an extra flavor boost.
 - *Flour gives the muffins substance.
 - *Buttermilk gives the muffins a rich taste.
3. Talk about what would happen if you left out any of the ingredients.
4. Mix the muffins together and let them bake.
5. While they are baking, read Romans 12:3-8. Discuss the importance of everyone working together at the things each one is good at so that much can be accomplished for God.
6. People are the ingredients God mixes all together to create a Church. What would happen if any of His ingredients were left out of the recipe? How can we make sure none of the “ingredients” get left out?
7. Eat the muffins. While you are eating, talk about the finished result and how yummy food tastes when all of the right ingredients are put into it.

8. Talk about how wonderful a church can be when everyone is working hard at what they are good at.

Lesson (ages 11-18):

Hand out one ingredient to each person. (If you are working with only one or two, set all the ingredients out so that you can examine each of them together.)

Talk about each ingredient and the function they each perform:

- *Honey makes the muffins sweet.
- *Baking powder makes the muffins rise.
- *Eggs hold the ingredients together.
- *Butter helps the muffins not to be as hard as a rock.
- *Salt gives the muffins an extra flavor boost.
- *Flour gives the muffins substance.
- *Buttermilk gives the muffins a rich taste.

Talk about what would happen if you left out any of the ingredients.

Mix the muffins together and let them bake.

While the muffins are baking, read Romans 12:3-8. Discuss.

1. Are any of the muffin ingredients more important than another?
2. Are any in the church body more important than another?
3. How important is it to have each member using his/her gifts?
4. Picture in your head what it might look like if every Christian was an active part of the body using his/her gifts for God. What kinds of things might the church accomplish?
5. What do you need to do in your life to better use your gifts and to be a more active part of the body?

Eat the muffins and talk about the great results of having all the ingredients working together to accomplish something great.

