

Menu 2

Sunday

Breakfast- Banana bread, milk

Lunch- BBQ Pork Chops, Cheesy mashed potatoes, Green Beans

Dinner-Snackies: Popcorn, Apple slices with Yogurt Dip, Cheese Chunks, Deli Turkey rolled up on a toothpick, Carrot Sticks. Arrange these in an attractive way on your table and enjoy a relaxing meal.

Monday

Breakfast- Waffles, bacon, milk

Lunch- Homemade Macaroni and Cheese, Peas, Fruit

Dinner- Tacos, with meat, cheese, lettuce, tomatoes, sour cream, salsa and olives

Tuesday

Breakfast- Eggs scrambled with Ham and Cheese, Orange wedges

Lunch- Taco Salad made from last nights leftovers

Dinner- Ranch Chicken, Rice Pilaf, Steamed Broccoli and Carrots

Wednesday

Breakfast- Honey Wheat Muffins, Bananas, Milk

Lunch- Grilled Cheese Sandwiches, Tomato Soup

Dinner- Spaghetti with Meat Sauce, Tossed Salad, Corn

Thursday

Breakfast- Rice Pudding

Lunch- Bean Dip and Corn Chips, with salsa and sour cream, Grapes

Dinner- Tator Tot Casserole, Green Beans, Fruit Salad

Friday

Breakfast- Crepes with Jelly, Milk

Lunch- Spanish Rice, Pears

Dinner- Baked Steaks, Baked Potatoes, Spinach Salad

Saturday

Breakfast- Homemade Donuts

Lunch- Leftovers

Dinner- Tuna Casserole, Peas