

Healthy Marriage Tips from A to Z
by Matt and Laura Coppinger
HeavenlyHomemakers.com

Fun With Your Spouse

Fun and Funner - Matt's Thoughts

"What fun it is to laugh and sing a sleighing song tonight...Oh, what fun it is to ride in a one horse open sleigh."

Maybe that is some people's version of fun, but not me. I'm not a grinch. I just don't enjoy singing sleighing songs or riding in one horse open sleighs getting snow and slush flung on me. It's not fun for me to sing that song because in general when I sing the words to songs, I agree with the words. My sweetie, on the other hand, enjoys singing that sleighing song, while I'd rather be ~~cleaning the gunk out from under my toenails~~ playing a strategy game in a warm, dry place with a hot drink. ~~If I can be found~~ When it is time to sing sleighing songs, I do it with my best face on and I try to not talk like a martyr to Laura later. She knows it is not fun for me. I also know that most long strategy games are not fun for her. We have discovered many activities that are fun for both of us!

Couples in healthy marriages seek out ways that they can have fun together and they make it happen. If you find yourself going in different directions for fun, then get together and brainstorm for ways the two of you can have fun together.

Try new exploits: Recently, we went for a bike ride and it turned out not being great fun, but we definitely laughed about the experience. So, even though we don't plan to ride bikes together for pleasure, that episode was a fun time spent together.

Relive pastimes: What did you do that was a blast when you were dating?

Hopefully you have some fun activities in the "old faithful" category: Flirting is fun...and following through is even more fun.

Your tight budget is not an excuse. Be creative considering what you could do for free...and have fun!

Make Time- Laura's Thoughts

According to *His Needs, Her Needs*, a book Matt and I read together before we got married and have since read a second time - a man really appreciates it if his wife will be his recreational partner. That's why, through the years, I've tried so hard to enjoy bike rides and those long, horrible, tedious, boring, never-ending, grueling strategy games that Matt likes so well. (I'm sorry - did I just say all that out loud?)

Thankfully, it's not been too hard to come up with activities we can do together that we *both* enjoy. But why is it that sometimes it becomes too easy to spend all of our time together talking about bills and schedules and life logistics, and we forget to simply stop and have fun? As a task oriented mother and wife, I personally find it difficult to turn off the never ending "to-do" list in my head and just chill out and have down time with my husband. All work and no play makes a marriage...well, not so fun.

Relax. Be silly. Laugh. Share inside jokes. And oh yes...flirt. ;)

Make time for fun in your marriage.

How do you and your spouse have fun together?

www.heavenlyhomemakers.com