

Heavenly Homemaker's Freezer Cooking Grocery List - Week Three

Here's what you'll need:

- 42 eggs (3 1/2 dozen)
- 5 cups heavy cream (1 quart plus 1/2 pint)
- 2 cups shredded cheese
- Add-ins for the [Easy Breakfast Casserole](#)
- 7 cups whole wheat flour
- 10 cups whole wheat pastry flour
- 3 cups butter (1 1/2 pounds)
- 2 cups plain yogurt (16 ounces)
- 2 cups sour cream (16 ounces)
- 10 ounces 100% fruit jelly or jam for [Poptarts](#)
- 3 3/4 cups sucanat
- 6 cups milk (1 1/2 quarts)
- Add-ins for muffins
- 2 loaves whole wheat bread ([homemade if you like](#))
- 2 cups chopped pecans
- 1/2 cup orange juice

Be sure you have:

- Sea salt
- Baking powder
- Vanilla extract
- Almond extract
- Cinnamon
- Nutmeg
- Honey
- Poppyseeds

Additional items you might need to pick up:

- Fruit to serve with breakfast
- Additional eggs to scramble up or fry to serve with breakfast